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High-Risk Pregnancy Care

03/09/2025 — DR. DEEPTI MITTAL

Why Fetal Medicine Is Essential for High-Risk Pregnancy Care in Pune

Pregnancy is a beautiful journey, but sometimes it comes with challenges. When complications or health risks are involved, the pregnancy is called a high-risk pregnancy. Such cases need advanced care for both the mother and baby. This is where fetal medicine plays a crucial role. In Pune, many expecting mothers rely on specialized doctors to ensure the best outcomes for their babies. Consulting a **fetal medicine specialist in Pune** can make a big difference in managing high-risk pregnancies safely.

What Is Fetal Medicine?

Fetal medicine is a branch of medicine that focuses on the health of the unborn baby during pregnancy. It involves advanced diagnostic scans, genetic testing, and treatments that help detect and manage complications early. A **fetal medicine specialist is a doctor** trained in these advanced techniques to ensure both mother and baby stay healthy.

When Is a Pregnancy Considered High-Risk?

A pregnancy is considered high-risk when there are complications that may affect the health of the mother, baby, or both. Some common reasons for high-risk pregnancies include:

- Advanced maternal age (above 35 years)
- Gestational diabetes or high blood pressure
- Pre-eclampsia
- Multiple pregnancies (twins or triplets)
- History of pregnancy complications or birth defects

In such situations, **high-risk pregnancy care in Pune** with a trained fetal medicine specialist becomes essential.

Why Is Fetal Medicine Important for High-Risk Pregnancies?

Fetal medicine ensures early detection and treatment of potential problems. Here's why it is important:

- Early detection of fetal anomalies using advanced ultrasound
- Timely diagnosis of growth problems or structural issues
- Prenatal testing and counseling in Pune for genetic conditions
- Better planning and interventions for safe delivery and healthy baby

By consulting a fetal medicine specialist in Pune, parents can reduce complications and improve pregnancy outcomes.

Key Fetal Medicine Services for High-Risk Pregnancy:

A fetal medicine specialist offers several services that are crucial for high-risk pregnancies, such as:

- **First-trimester screening and NT scan:** Detects chromosomal abnormalities
- **Anomaly scan:** Checks for structural defects in the baby
- **Growth scan and Doppler studies:** Monitors baby's growth and blood flow

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- **Fetal echocardiography:** Evaluates the baby's heart health
- **Prenatal diagnostic tests:** Includes CVS, amniocentesis, and fetal blood sampling

These advanced fetal scans in Pune help ensure that any issue is identified at the right time.

Benefits of Consulting a Fetal Medicine Specialist in Pune:

Choosing a qualified fetal medicine specialist in Pune offers several benefits:

- Expert care for complicated pregnancies
- Personalized treatment plan for mother and baby
- Advanced technology for accurate diagnosis
- Better outcomes and peace of mind for expecting parents

Why Choose Dr. Deepti Mittal for High-Risk Pregnancy Care in Pune?

Dr. Deepti Mittal is one of the most experienced fetal medicine specialists in Pune, with over 12 years of expertise in managing complex pregnancies. She is trained in advanced fetal scans in Pune, prenatal counseling, and diagnostic testing.

- **Clinic Address:** PD 5, Cloudnine Hospital, Senapati Bapat Rd, Pune
- **Contact:** +91 93113 13022

Her commitment to patient care and advanced diagnostic methods makes her a trusted choice for high-risk pregnancy care in Pune.

Conclusion:

Fetal medicine is essential for detecting and managing complications during high-risk pregnancies. By consulting a fetal medicine specialist in Pune, you ensure the best care for your baby even before birth. If you or someone you know needs prenatal testing and counseling in Pune, reach out to [Dr. Deepti Mittal](#) and take the first step toward a safe and healthy pregnancy.

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Counselling Services

- > Pre-Conceptional Counseling
- > Prenatal Counseling
- > High-Risk Pregnancy Counselling
- > Fetal Genetic Counseling and Testing

Fetal Ultrasound

- > NT Scan
- > Anomaly Scan
- > Fetal Echo

Fetal Procedures & Therapy

- > Fetal Reduction
- > Fetal Malformation Scan
- > Fetal Therapy
- > Prenatal Diagnostic Fetal Testing
- > Pre-Eclampsia Screening

