

Become a Certified Heartsaver® First Aid CPR AED Provider | Professional Emergency Response Training in Palm Desert, California

Emergencies occur without warning, and when they do, every second matters. Whether the situation involves sudden cardiac arrest, a choking incident, severe bleeding, a slip and fall injury, or a medical crisis such as a seizure or stroke, an informed and skilled bystander can change the outcome dramatically. The Heartsaver® First Aid CPR AED program, offered through YourCPRMD.com Palm Desert Resuscitation Education LLC (PDRE), provides life-saving education and hands-on training designed to prepare individuals to respond confidently and effectively during real emergency moments. This comprehensive, instructor-led class equips students with practical knowledge in first aid treatment, CPR techniques, AED operation, and choking response skills.



If you are located in **Palm Desert 92211, 92255, 92260, 92261** or nearby Southern California regions such as **Palm Springs 92262, 92263, 92264; West Palm Springs; Cathedral City 92234, 92235, Rancho Mirage 92270, Indian Wells, Indio 92201, 92202, 92203, Desert Hot Springs, Idyllwild-Pine Cove, Bermuda Dunes, La Quinta, Sun City, Thousand Palms**, this course offers convenient, high-quality, in-person training close to home. It is ideal for job requirements, community preparedness, workplace compliance standards, and personal development. Whether you are new to first aid or renewing certification, this program is designed to strengthen confidence, readiness, and real-world emergency skills.

Why Heartsaver® First Aid CPR AED Training Matters

Emergency medical services may take several minutes to arrive, especially in busy or remote areas. Those critical minutes can determine survival and recovery outcomes. When immediate care begins before EMS arrival, the chances of survival increase significantly. The ability to perform CPR properly, control bleeding, manage choking, or stabilize injuries can save lives.

The Heartsaver® First Aid CPR AED course is recognized worldwide and designed specifically for non-medical individuals who need certification for professional, regulatory, school, workplace, or community safety reasons. This course is based on the latest American Heart Association science and is taught using an engaging, hands-on format that ensures strong retention.

If you are searching for [cpr first aid certification](#), [cpr and first aid classes near me](#), [first aid cpr training near me](#), [cpr and first aid training near me](#), or [cpr and first aid certification near me](#), this program offers everything necessary to meet training requirements and emergency-readiness goals.

CPR & FIRST AID CLASSES

SAVE LIVES. LEARN HOW.

EMERGENCY TRAINING NEAR ME

CLASSES DAILY FIND A LOCATION

CLASSES DAILY LOCAL CLASSES. START TODAY!

What Students Learn in the Heartsaver® First Aid CPR AED Course

First Aid Training

Participants learn how to identify life-threatening emergencies and apply correct first-aid techniques until professional medical personnel take over. Training includes:

- Assessing and securing an emergency scene
- Finding the problem quickly and safely
- Bleeding control and bandaging
- Handling severe bleeding, shock, and traumatic injuries
- Managing medical emergencies such as heart attacks, strokes, allergic reactions, and breathing issues
- Responding to seizures, fainting episodes, and diabetic complications
- Treating burns, broken bones, sprains, fractures, bites, stings, and environmental reactions
- Helping victims suffering from heatstroke, hypothermia, or poisoning
- Using protective equipment and safely removing gloves
- Legal considerations and Good Samaritan principles

CPR Training

Students learn step-by-step CPR techniques for adults, and optionally children* and infants*. This portion includes:

- High-quality chest compressions and compression-to-breath ratios
- Correct rescue breathing techniques using masks or mouth-to-mouth
- Team-based CPR coordination
- Identifying when to begin CPR using the Chain of Survival
- Recognizing cardiac arrest and responding immediately

AED Training

AED instruction includes:

- Turning on and operating the AED
- Attaching electrode pads correctly for adults and children
- Delivering shock safely and restarting CPR
- Following AED prompts used in real-world emergencies

Choking Relief Skills

Training covers how to help choking victims of different ages:

- Abdominal thrusts for adults and children

- Back blows and chest thrusts for infants*
- Supporting choking victims who become unresponsive

Hands-on practice ensures confidence and accuracy in emergency response.



Who Should Take This Course?

This course is designed for anyone with little or no medical training who needs a course completion card for their job, organization requirements, or personal preparedness. It is ideal for:

- Teachers, school staff, and district personnel
- Coaches, fitness professionals, and sports trainers
- Corporate businesses and workplace safety teams
- Security staff and community service workers
- Warehouse, construction, and industrial workers
- Parents, grandparents, babysitters, and caregivers
- Hospitality, tourism, and service industry employees
- College students and volunteers

Whether required professionally or taken voluntarily, learning these skills provides value beyond certification—it provides the ability to protect lives.

Features of Heartsaver® First Aid CPR AED Training

- 100% classroom-based interactive learning
- Instructor-guided demonstrations and real-time practice
- AHA-approved curriculum with video-based modules
- Practice-while-watching method for skill reinforcement
- Updated science and emergency response guidelines
- Small class size for personalized training and hands-on attention
- Course completion certificate valid for 2 years

Students receive:

- Heartsaver First Aid CPR AED Student Workbook
- Emergency quick reference guide
- Adult, child, and infant CPR AED reminder cards

Course Duration and Schedule

The Heartsaver® First Aid CPR AED program typically requires **5–8 hours** depending on class size and optional child and infant modules. Because classes are hands-on and limited for quality instruction, early enrollment is recommended. Group classes and workplace training sessions can also be scheduled.

Certification and Card Validity

Upon successful course completion, participants receive an American Heart Association Heartsaver® First Aid CPR AED course completion card that remains valid for two years and is accepted nationwide by employers, organizations, schools, and safety industries.

A specialized version of the card is also available for K-12 school systems.



Course Pricing

- Heartsaver® First Aid CPR AED **with Provider Manual: \$120**
- Heartsaver® First Aid CPR AED **without Provider Manual: \$110**

Individuals renewing an expired AHA card may receive discounted pricing.

Why Emergency Skills Are Essential for Everyone

Most life-threatening events occur unexpectedly and away from hospitals. Cardiac arrest, choking, and severe injury incidents often take place at home, workplace, or public locations. Most victims are someone we know personally. When readiness exists, survival rates increase.

CPR alone can double or triple survival chances. Immediate AED use greatly increases survival odds. First aid treatment can stabilize victims and prevent complications.

Being trained means:

- You can take action instead of waiting helplessly
- You can protect loved ones and the community
- You become a valuable resource during critical moments

Training is not only for professionals—it is for every responsible individual.

For More Details : <https://www.yourcprmd.com/heartsaver-first-aid-cpr-aed>

Convenient Local Training for Nearby Communities

Residents, employees, and organizations located in or near **Palm Desert 92211, 92255, 92260, 92261; Palm Springs 92262, 92263, 92264; Cathedral City 92234, 92235; Rancho Mirage 92270; Indian Wells; Indio 92201, 92202, 92203; Desert Hot Springs; Idyllwild-Pine Cove; Bermuda Dunes; La Quinta; Sun City; Thousand Palms; West Palm Springs** can access professional training close to home without long travel.



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This course provides the certification and skills you need.

Take the Next Step — Become Prepared

Signing up for the Heartsaver® First Aid CPR AED course gives you tools that could save lives. Emergencies will happen. The question is: will you be ready when they do?

Be the Person Who Knows What to Do — Not the Person Who Wishes They Did

This course is open for enrollment now. Seats fill quickly, especially due to limited classroom size. Group rates and seasonal discounts may be available.

Take action today — protect lives, build confidence, and gain recognized certification.

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