

K-12 Emergency Preparedness: Heartsaver® First Aid CPR AED Certification Program

Creating a safe and prepared school environment has become a top priority for educational institutions across the United States. The *Heartsaver® First Aid CPR AED for K-12 Students, Faculty, & Staff* program is a comprehensive, instructor-led, and video-based training designed to provide essential lifesaving skills that can make a critical difference during emergencies. This course is ideal for anyone looking for [cpr first aid certification](#), [cpr and first aid classes near me](#), [first aid cpr training near me](#), [cpr and first aid training near me](#), or [cpr and first aid certification near me](#) to meet regulatory requirements or simply to be prepared for real-life situations on campus.



Service Areas Covered (Palm Desert & Nearby Cities):

This training is available across the following regions and nearby communities to support widespread K-12 safety initiatives:

- US, United States
- Palm Desert – 92211, 92255, 92260, 92261
- Palm Springs – 92262, 92263, 92264
- West Palm Springs
- Cathedral City – 92234, 92235
- Rancho Mirage – 92270
- Indian Wells
- Indio – 92201, 92202, 92203
- Desert Hot Springs
- Idyllwild-Pine Cove
- Bermuda Dunes
- La Quinta
- Sun City
- Thousand Palms

This geo-targeted coverage helps ensure your organization ranks strongly in search results across different localities.

Course Overview:

The *Heartsaver® First Aid CPR AED for K-12 Students, Faculty, & Staff* course equips participants with the knowledge and confidence to act quickly and correctly during emergencies. As a classroom-based training program, it combines video demonstrations, instructor guidance, and hands-on practice to reinforce skills proficiency.

Participants learn how to respond to first aid emergencies, choking incidents, and sudden cardiac arrest in adults, children, and infants. This ensures that teachers, school administrators, staff, and students are fully prepared to provide immediate assistance while waiting for emergency medical services (EMS).

- [cpr and first aid certification near me](#)



What You Will Learn:

The course covers a wide range of critical topics relevant to school environments:

First Aid Skills:

- First aid basics
- Managing medical emergencies
- Injury emergencies
- Environmental emergencies
- Bandaging and bleeding control
- Treating shock, seizures, and fainting
- Wound care, sprains, fractures, and burns
- Bites, stings, poisoning, and temperature-related conditions

CPR & AED Skills:

- Adult CPR and AED use
- Child CPR and AED use (optional)
- Infant CPR (optional)
- Adult, child, and infant choking relief

- High-quality chest compressions
- Airway and breathing management
- Using rescue masks correctly

The course utilizes the AHA’s “practice-while-watching” method, a science-based training approach that ensures maximum retention and hands-on skills mastery.



Who Should Take This Course?

This program is specifically designed for individuals with little or no medical experience, including:

- K-12 students
- Teachers
- School administrators
- Office staff
- Coaches
- Safety officers
- Childcare professionals

It is also ideal for anyone needing an AHA certification card to meet job, regulatory, or OSHA requirements. For schools looking to strengthen their emergency preparedness, this course offers a reliable and effective solution.

Key Features of the Program:

- **100% classroom-based learning** ensures a fully guided training experience.
- **Video-led modules** guarantee consistent instruction for all participants.
- **Hands-on practice** helps reinforce real-world response skills.
- **Updated AHA guidelines** provide the most accurate and effective life-saving techniques.
- Includes **easy-to-use reference guides**, **reminder cards**, and a **full-color student workbook** for ongoing support.



Course Content and Structure:

The curriculum is built around practical demonstrations, real-life scenarios, and interactive skills practice. Key topics include:

- First aid basics
- Injury and environmental emergencies
- Choking relief for all ages
- Adult and pediatric CPR procedures
- AED operation, safety, and maintenance

Optional written tests and child/infant modules are available for participants who require additional certification components.

Learning Objectives:

After completing the course, participants will be able to:

- Understand the priorities and responsibilities of a first aid rescuer
- Perform an initial assessment of an injured or ill person
- Identify and manage life-threatening conditions
- Provide effective CPR across age groups
- Use an AED safely and confidently
- Deliver mouth-to-mouth or mask-assisted breaths
- Assist choking victims of all ages
- Control bleeding and properly apply bandages
- Recognize signs of common injuries and illnesses
- Understand legal considerations for first aid

These skills empower students and staff to act decisively during emergencies.

Course Materials Provided:

Participants receive:

- AHA Heartsaver® Student Workbook
- Adult and pediatric CPR AED reminder cards
- First Aid Quick Reference Guide
- Full-color instructional manual (144 pages)

These resources enhance long-term learning and provide ongoing support after training.



Course Format & Duration

- Instructor-led and video-supported format
- 5 to 8 hours of training depending on class size
- Skills practice and testing integrated throughout
- Recommended instructor-to-student ratio: 1:6 with 2 manikins

This ensures personalized instruction and an optimal learning environment.

Course Requirements & Fees

- Expired AHA Heartsaver® certification allows renewal at a reduced price
- Non-AHA provider cards are not accepted
- Updated Heartsaver® Provider Manual required
- Course Fee:
 - \$120 (with manual)
 - \$110 (without manual)

Certification:

Upon completion, participants receive an official **AHA Heartsaver® First Aid CPR AED** certification card, valid for **two years**. This certification is widely recognized across K-12 institutions and meets regulatory requirements.

Scheduling & Enrollment:

- Early registration recommended due to limited classroom seats
- Group discounts and seasonal promotions available
- Flexible scheduling based on course demand

Additional information available at: <https://www.yourcprmd.com/heartsaver-first-aid-cpr-aed-for-k-12-students-faculty-staff/>

Conclusion:

Emergencies can happen anytime, and having trained individuals on campus can make all the difference. The *Heartsaver® First Aid CPR AED for K-12 Students, Faculty, & Staff* program empowers school communities with the skills, confidence, and readiness needed to respond effectively. Whether you're searching for **cpr first aid certification**, [cpr and first aid classes near me](#), or **first aid cpr training near me**, this course provides a trusted, high-quality, and comprehensive solution. By investing in this training, schools ensure a safer environment—where every student and staff member is better protected and prepared for the unexpected.

Website: <https://www.yourcprmd.com/>

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